

A STUDY OF THE PSALMS

{Worship – Praise – Prayer – Blessings – Thanksgiving}

Read Psalms 31, 34, 42, and 61.

- 1. Find out what it means to be spiritually active as opposed to being passive?*
- 2. How do we get to a place of “boasting in the Lord”?*
- 3. Can we lose God?*
- 4. In what way or ways are we reminded of this song, “Sometimes I feel like a motherless child...a long way from home?”*

Psalm 31 – The Seventh Word From the Cross

- 1. Why is it in verse 2 that the Psalter mostly expresses what it means to be “spiritually active”?*
- 2. Verse five begins with the last words Jesus uttered from the Cross. What makes them so final? What missing word sets this statement apart and assigns it to Jesus?*
- 3. How is this Psalm one of prayer (a lament) and praise? Look at verses 1 – 8.*
- 4. Verses 9 -13 are realities of life... List some of them?*
- 5. What does the Psalter mean by verse 15 – “My times are in your hand....”*
- 6. What are some adjectives which best describe the prayer and petition of Verses 14-18?*
- 7. What happens in the final verses, 19 – 21?*

Summary Statement: