

SHILOH TUESDAY FAST

“Why Should We Fast”?

Fasting prepares us for the work God has ordained us to do.

1. To prepare for ministry as a spiritual discipline
Restore the loss of the “first love” for our Lord and a more intimate relationship with Christ
(Luke 4:1-14)
2. To seek God’s wisdom
(Acts 14:23)
3. To show grief, concern and remorse
(Nehemiah 1:1-4)
4. To seek deliverance or protection
To humble ourselves before God
(Ezra 8:21-23)
5. To repent
Enables the Holy Spirit to reveal our true spiritual condition
(brokenness, repentance, and transformed life)
(Jonah 3:1-10)
6. To gain victory
Brings about personal and collective revival
(Judges 20:23-26, II. Chronicles 20)
7. To worship God
Transform our prayer life
(Luke 2:36-38)